

## FROM THE PRINCIPAL'S DESK

Dear Parents and Carers,

Following on my previous announcement of my retirement in 2025, I would like to thank parents for their kind words and wishes. I must admit I am looking forward to having more time to myself, but I know I will greatly miss my job as Principal of Mount Eliza North Primary School.

### Open School Afternoon

Yesterday we opened the school to the community to share and celebrate our students learning. It was lovely to see so many families visiting classrooms and specialists' rooms, and to see students proudly sharing their learning. For some this was playing maths games, reading poetry and for others we enjoyed a puppet show! Congratulations to all our students and teachers for their work this term!

### Nurturing independence and resilience in our students

Term 4 is the perfect time for our Foundation students to demonstrate their independence by walking themselves to and from their classroom each day and unpacking their school bags. We also encourage our parents to utilise the kiss and go zone at the front of the school before and after school. That is, in the morning give your child a kiss and send them on their way!

### A change in supervision after school

A teacher's working day finishes at 3.45 two days a week and at 4.45 when we have planning or meetings after school. All staff are required to attend planning and meeting sessions. This has meant a change to supervision after school.

Students will be supervised by teachers in the yard after school from 3.30 – 3.45pm. Any students who have not been picked up by 3.45 will be taken to the office. Parents will need to collect their children from the office. This change is in-line with the current workplace agreement.

### Communication

Effective and efficient communication between the school and home is collaborative, and is based on open communication, trust, respect and a shared responsibility for the education of our students.

If parents would like to meet with their child's teacher, we encourage you to send an email to organise a mutually convenient time.

When sending emails to teachers, you can expect a reply within 3 working days. There is no expectation that staff read or respond to emails after hours.

The time before school is usually a busy time for teachers as they are setting up their classrooms and getting organised for the day. A pre-organised time ensures that adequate time is available for conversations.

Let's hope we get some warm Spring weather!

Enjoy the holidays!

Kind regards,  
Julie O'Brien  
Principal

## FROM THE ASSISTANT PRINCIPAL CURRICULUM/PYP...

### OPEN AFTERNOON

This week we had a fabulous Open Afternoon with lots of visitors and proud students who were sharing their learning. There are so many great things happening throughout our school from creative writing, poetry, puppets and performances. I would like to thank our teachers for their efforts in ensuring that learning is engaging and challenging for our students. I am privileged to work with teams each week and experience firsthand the strong commitment to improvement and ongoing learning.

Please enjoy a couple of pictures of our afternoon below:



### Professional Learning Communities (PLC)

We have done significant work in embedding Professional Learning Communities within our school (PLC). A PLC is a small group of teachers within a school who meet regularly to improve student learning and wellbeing in their classrooms. In our context, each year level works as a PLC. The work of PLC is underpinned by data and evidence related to student learning and wellbeing, and teaching practice. This week we had our Staff Reflection meeting and part of this involved PLC leaders sharing their latest PLC cycle. The emphasis on improving teaching and learning was evident and their willingness as teams to consider new approaches and reflect on current practice was amazing.

In Term Four we are going to focus our PLC work on encouraging positive behaviour by looking at feedback approaches and recognition of the many great decisions our students make each and every day. We will spend time discussing ways to further embed a culture of respect for every member of our school community.

Wishing you amazing holidays and we look forward to seeing everyone return in Term 4.

**Yours in Learning,  
Caroline Chilianis  
Assistant Principal – PYP and Curriculum**

## FROM THE SCHOOL OFFICE

### LUNCH ORDERS ON FINAL DAY OF TERM

Due to the canteen change over Sara's last day of sales is Friday 20th September 2024. There are limited sales on this day and the available items are listed on the Flexischools App.

Please note that the canteen will also be closed on the first two days of Term 4 (Mon. 7th and Tues. 8th October). We do apologise for any inconvenience this may present to families.

Kind Regards,  
Admin Team  
**Jo, Amy and Leah**

## FROM THE ASSISTANT PRINCIPAL ... WELLBEING

As part of our ongoing efforts to create a supportive and positive learning environment, we are excited to announce that our school will be focusing on the theme of **Respect** for the upcoming term. This initiative aims to foster mutual understanding, kindness, and positive interactions both in and outside the classroom.

### What will our focus be?

Throughout the term, we will incorporate lessons and activities designed to help students:

- Understand the importance of respect – for themselves, their peers, teachers, and the school environment.
- Learn respectful communication – emphasising listening, empathy, and treating others with kindness.
- Develop problem-solving skills – promoting peaceful resolution of conflicts and cooperation.

Practice respect in daily routines – in the classroom, during play, and in the broader school community.

### How We Will Achieve This:

1. Classroom Activities: Teachers will integrate respect-based lessons into the school day, using stories, role-play, and group discussions to highlight respectful behaviour.
2. School-wide Initiatives: Regular teaching of the Respectful Relationships curriculum and discussing examples of respectful behaviours during daily circle times.

Recognition Programs: Students will be recognised for demonstrating respectful behaviour by being nominated for a KUDOS award.

### How Parents Can Support at Home:

We believe that a strong partnership between home and school is essential to fostering respectful behaviour in children. You can support our efforts by:

- Encouraging discussions at home about what respect looks like in different situations.
- Modelling respectful behaviour in everyday interactions.

Praising your child when they demonstrate respectful behaviour at home or in the community.

We aim for our focus on respect in Term 4 to serve as a strong foundation for a positive and successful start to 2025.

### Changes to After School Pick Up Times

We are making some changes to afternoon gate supervision from Term 4 onward. As of Term 4 after school gate supervision will end at 3:45pm. Please ensure you have collected your child(ren) from school by this time. If you know you're going to be late for school pick up, please book your child(ren) into Team Kids after school care.

Until next time..

**Louise Atkinson**  
Assistant Principal  
Wellbeing

## FOUNDATION (PREP) ENROLMENTS AND SIBLING ENROLMENTS ARE DUE!

**Mount Eliza North is committed to supporting our families through the Foundation Enrolment process.**

Our Enrolment Offers for Foundation 2025 have been sent. If you are yet to confirm your child's enrolment please ensure to contact the office on (03) 9787 6611 to hold your space!

*Mount Eliza North Administration Team*

Please like and follow our official school

Facebook account:

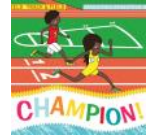
<https://www.facebook.com/MountElizaNorthPrimarySchool/>

This is a fun platform for parents to see our students engaging in activities.



Find us on:  
**facebook®**

# NEWS FROM THE PE HALL—SPORT WITH MRS SEABURGH



## **DIVISION ATHLETICS**

Good luck to our students who will compete in the Division Athletics on Wednesday 9th October at Mornington Athletics Track.

NAME	EVENT	NAME	EVENT
<b>Toby A</b>	12/13 yr - 800m	<b>Harris</b>	10 yr - relay
<b>Tyler M</b>	12/13 yr - Shot put	<b>Lenny M</b>	10 yr - triple jump and relay
<b>Tom S</b>	12/13 yr - triple and high jump	<b>Charlie P</b>	10 yr - triple jump
<b>Cooper A</b>	11 yr - 100m and 200m	<b>Izzy M</b>	10 yr - long jump
<b>Samara K</b>	11 yr - 200m	<b>Will S</b>	10 yr - 100m and relay
<b>Ned E</b>	11 yr - triple jump	<b>Kaylen H</b>	10 yr - hurdles
<b>Scarlet H</b>	10 yr - 800m	<b>Will B</b>	10 yr - long jump
<b>Henry S</b>	10 yr - discus and relay	<b>Tommy</b>	11 yr - shot put
<b>Ashlee H</b>	11 yr - high jump		

## **AFL Nines Regionals Recount**

On Wednesday the 11<sup>th</sup> of September, the Year 6 AFL team went to Casey Fields to play AFL nines against four other schools.

When we first got there, we went to warm up (but that's boring and you don't want to hear me talk about that), so let's skip to our first game against St Michael's Grammar. They had their own coach, and we knew that this was going to be a tough game. In the first half, they were on top, and things were looking bleak, but in the second half, we made a big come-back, and won by a goal kicked in the last five seconds! Everyone was celebrating, and we were pumped for our next game against Brighton Primary.

The game started off with them kicking the first three goals, and the rest- we don't talk about, let's just say that. Our next game in the day was a bye. We ate up and prepared for our next game against St Joseph's Primary. AND we don't talk about that game either. All I'm allowed to say is that it wasn't fun..

Anyways, our final game was against Skye Primary, who we played (and beat) in the last AFL nines day. Today wasn't any different. They started off looking improved, but after a bit, we gained control of the game and won by two goals!

In conclusion, we won two games and lost two games. It was a fun day, and we had some good competition.

We all had a great time participating in the AFL 9's competition.

*By Archie A - 6B*



A big thank you to Ken for coaching our AFL team all year. He has dedicated his time to training our students and attending our competition days. Our AFL team are very grateful for Ken's guidance and support. Thank you to our parents for coming along and supporting our boys.

#### UPCOMING DATES FOR TERM 4

Date	Event	Location	Year Levels
9/10/24	Division Athletics	Mornington Aths Track	Selected 4-6
15/10/24	Division Girls Basketball	FBDA	Girls team
19/11/24	Year 6 Beach Program	Mills Beach, Mornington	Year 6
20/11/24	Year 5 Beach Program	Mills Beach, Mornington	Year 6
21/11/24	Year 5 Beach Program	Mills Beach, Mornington	Year 6
25/11/24	Year 6 Beach Program	Mills Beach, Mornington	Year 6

Angela Seaburgh  
PE Teacher

## YEAR 3 FUN—The Puppet Making Process

In all of the Year 3 classes we have been busy making puppets for a puppet play performance. This is our finale for the 'How We Express Ourselves' unit of inquiry, where we have been learning about how storytelling conveys a message. The materials we needed to make the puppets were stockings, stuffing, felt, fabric, googly eyes, wool and wooden sticks. It was so such fun making the characters come to life!



Melissa Clayton  
Classroom teacher

# Chris Crewther Member for Mornington Inspires Year 4 Students with Real-Life Stories

Recently, our Year 4 students had a special guest visit: **Chris Crewther**! As part of our **Unit of Inquiry** about how *people create systems to meet the needs and wants of the community*, Mr. Crewther shared how different systems—like transportation, education, and government—help communities work well and support people’s needs.

Mr. Crewther explained that these systems don’t just happen by chance—they are carefully planned to make sure everyone’s needs are met. His visit helped us understand how important these systems are in our everyday lives and why they matter for our community.

He also talked about the importance of **resilience and persistence**. He shared stories from his own life about how staying strong and never giving up helped him succeed. This was a great reminder for our students that working hard and sticking with something, even when it’s tough, can help them achieve their goals.

We were also excited to meet **Donna** (his office manager) and her training guide dog, **Plato**. Donna shared her story about how Plato will help people with vision impairment. The students were amazed to learn about Plato’s special training and how guide dogs play such an important role in helping people with specific needs.

Mr. Crewther’s visit, along with the story of Donna and Plato, made our **Unit of Inquiry** come to life. We learned how real-world systems and support networks work, and how important it is to help others in the community.



## END OF TERM LOST PROPERTY

If you are missing an item of clothing/ lost property please ensure to check Lost Property before the end of term.

Please ask your children to regularly check the lost property for lost possessions during the term if they have misplaced an item.

The school processes a large amount of lost property; a significant proportion of which is *not named*. Please ensure that your children’s names are on all clothing, food storage and sports equipment in order for them to be returned promptly.

*Unfortunately unidentified items are not able to be stored long term and are donated or discarded at the end of term.*

**IMPORTANT REMINDER**  
**FROM OUR CROSSING SUPERVISOR**  
**TRAFFIC REGULATIONS FOR MOSELEY DRIVE**  
**From 8.30am to 9.30am and 2.30pm to 4.00pm**  
**DO NOT TURN RIGHT AT ALL**

Please ensure you stay within your lane on Walkers Road before turning into Moseley Drive to collect your children to avoid a traffic incident.

2024 MENPS Year 6 Exhibition

# Passion influences CHANGE



Date: Wednesday 16th October

Time: 2:30 - 4:30pm



Please come and celebrate our Exhibition Journey.

This is a culmination of all our learning through the

**IB Primary Years Program!**

## **MOBILE PHONE POLICY**

All Victorian government schools are required to implement a local Mobile Phone Policy. Students who choose to bring mobile phones to school must have them switched off and handed in to their teacher at the start of each day. All devices will be securely stored at the office during school hours. Students are asked not to have their phone out of their school bag whilst in the yard before or after school. If a student needs to make a phone call, they should speak to their teacher and go to the school office.

You can access the school's Mobile Phone – Student Use & Digital Technologies Policies on the school website.

A decorative border of magnolia flowers in various shades of pink, purple, and white, with green leaves and branches, framing the central text.

SAVE THE DATE

Oaks Day  
Spring Lunch

THURSDAY NOVEMBER 7

12-4PM

UPSTAIRS @ CASA DE PLAYA  
MORNINGTON



# MOUNT ELIZA ART & DESIGN SHOW

25-27 OCT 2024

5 Weeks to go!

Another change for this year is that the **Café will be a delicious Patisserie** serving hot drinks and decadent sweets and we will have **two gourmet food trucks!**

## We need YOU to help stock the Patisserie!

You can either **drop off specific ingredients** to the school office for the Café Committee to make, or you can **bring in your world-famous cake/biscuits/slices** over the weekend.

Find out more about how you can help by visiting the Art Show website under [“What’s to eat?”](#).



Jen Brown  
 Art Show Lead - 0407 536 726  
[artshow@menps.vic.edu.au](mailto:artshow@menps.vic.edu.au)  
[www.MtElizaArt.com](http://www.MtElizaArt.com)

We’re still looking for **someone to support us with social media** – so if you love Instagram or Facebook, please get in contact with us. We’d also love some **help with seeking donations for the silent auction!**

**OPENING NIGHT GALA TICKETS**  
**ON SALE NOW!**

**SILENT AUCTION**  
 Take a look at what’s on offer! Donate an item today to promote your business!

Please say a **BIG THANK YOU** to our sponsors!





# Extra-Curricular Activities

## at Mt Eliza North Primary

**ENROL ONLINE NOW!**



### CHESS

- ✔ Tue, 3:30 - 4:30 pm
- ✔ Starts on 22 Oct
- ✔ \$190 for 8 sessions
- ✔ For Prep - Year 6
- ✔ Room: Library

Chess is the original and enduring "thought sport" played throughout the world and has many benefits for young people. These include improved cognitive skills as well as self confidence and resilience. With coaches who rank among the best players in the country our chess programs are tailored to suit the needs of all abilities.

### ROBOTICS

- ✔ Wed, 3:30 - 4:30 pm
- ✔ Starts on 23 Oct
- ✔ \$240 for 8 sessions
- ✔ For Years 1-6
- ✔ Room: STEM Room

The Lego WeDo program is an engaging introduction into the world of robotics and a great way to develop interest in maths, science and engineering. This hands-on program will see students working together to solve a range of real problems all with the support of experienced robotics coaches. Students will develop the confidence to ask questions and find answers at the same time.

**TRIALS AVAILABLE!**  
PLEASE CALL TO BOOK ONE IN



Scan or click the QR code to enrol online!

**Kids Unlimited**

✉ info@kidsunlimited.com.au  
🌐 www.kidsunlimited.com.au  
☎ 1300 424 377

# SPRING Holidays

Team Kids

BOOK TODAY  
teamkids.com.au  
1300 035 000

BEST HOLIDAY PROGRAMS IN AUSTRALIA

31<sup>ST</sup> JUL

OSHC

HAPPY EDUCATORS DAY



26<sup>TH</sup> AUG

DOG APPRECIATION DAY



2<sup>ND</sup> SEPT

Spring PARTY FUN



29<sup>TH</sup> JUL

Crazy Hair - Day -



.. DONT MISS OUT! ..

EPIC TERMS  
Activities



.. TEAMKIDS.COM.AU ..

19-23<sup>RD</sup> AUG

Book Week



OLYMPICS CLUB

NEW THIS TERM

WEEK 1-4



SCIENCE WEEK

12-16<sup>TH</sup> AUG





# Mt Eliza North Primary



**7:00 AM START**  
**6:00 PM END**

PLEASE  
ARRIVE BY 9AM  
ON EXCURSION DAYS



IN-HOUSE



INCURSION



EXCURSION

MON · 23rd SEP	TUE · 24th SEP	WED · 25th SEP	THU · 26th SEP	FRI · 27th SEP
				<b>CLOSED</b> 
<b>Energy Engineers</b>	<b>Sorcerers, Spells and Songs</b>	<b>Harold and the Purple Crayon</b>	<b>Wizardy Wonders</b>	
Become an Energy Engineer for a day! Build potato clocks, create mini windmills, and explore sustainable energy in a fun, hands-on adventure. Discover how you can power the future!	Come on an enchanting adventure where we transform into wizards and dance through a magical world! With the grace of dancers and the wonder of wizards, we'll cast spells with our moves and learn the secrets of magical dances.	Join TeamKids for a fun-filled adventure as we watch "Harold and the Purple Crayon"! Experience the magic as Harold's crayon brings his wildest dreams to life as he doodles his way into a world full of fun! *PG Film. Allergy Alert - Cinema popcorn provided	Join TeamKids for a grand wizarding adventure where young sorcerers dance, play magical games, and cast enchanting spells with their moves. Let the magic of this extraordinary event captivate and delight you!	
<b>Daily Fee</b> \$89	<b>Daily Fee</b> \$110	<b>Daily Fee</b> \$119	<b>Daily Fee</b> \$130	
After Max CCS* \$8.85	After Max CCS* \$10.95	After Max CCS* \$11.85	After Max CCS* \$12.95	

MON · 30th SEP	TUE · 1st OCT	WED · 2nd OCT	THU · 3rd OCT	FRI · 4th OCT
<b>Build a Bear</b>	<b>The Wild Robot</b>	<b>Coles Healthy Kicks Hub</b>	<b>Animal Adaptations</b>	<b>Miniature Gardens</b>
Today TeamKids will be having a stuff-tacular adventure with Build a Bear! Get creative as you make your very own stuffed bear to keep and take home. Design, stuff, and hug your new furry friend. This is sure to be a cuddly fun day!	Join TeamKids to follow Roz, a curious robot, as she explores the wilderness, makes animal friends, and discovers the true meaning of home. Adventure awaits! *PG Film. Allergy Alert - Cinema popcorn provided	Ready to kick into action and have fun with your mates?! You're in luck! TeamKids has teamed up with AFL Max for a JAM PACKED clinic teaching all things healthy eating, mindfulness and exercise! Wear your footy colours.	Join TeamKids as we encounter a scaly-inspired experience! We'll learn all about reptiles and how they survive in the harsh Australian environment before meeting and greeting some hand-raised scurrying friends!	Calling all green thumbs! We're rolling up our sleeves to explore the exciting world of succulents! Create a Little Garden masterpiece of your own using succulent cuttings and fun decorations, yours to take home.
<b>Daily Fee</b> \$105	<b>Daily Fee</b> \$119	<b>Daily Fee</b> \$126	<b>Daily Fee</b> \$101	<b>Daily Fee</b> \$100
After Max CCS* \$10.45	After Max CCS* \$11.85	After Max CCS* \$12.55	After Max CCS* \$10.05	After Max CCS* \$9.95

\*Child Care Subsidies may apply. \$5 Admin Fee per family. \$5 Late Fees apply within 7 days per child. Payment plans available.

\*\*Experience/Activity Fee. Programs may be subject to change. Third Party Payment Fees apply. See Terms and Conditions for cancellation policy



**FIND A VENUE**  
TEAMKIDS.COM.AU/VENUES



**CHOOSE YOUR ADVENTURE**  
BOOK TODAY!



MARSHALL WHITE SORRENTO,  
ARTHURS SEAT EAGLE & COASTCOM SECURITY,  
proudly present the...

RSL COMMEMORATIVE  
**POETRY COMPETITION**

REMEMBRANCE DAY: WHAT DOES IT MEAN TO ME?



**PRIZES** in each category:

**First Place: \$500**

**1st Runner up: \$200**

**2nd Runner up: \$100**

**Highly Commended: \$50**

Plus great prizes from our sponsors...

**CATEGORIES:**

**Primary: Years 3 - 4**

**Years 5 - 6**

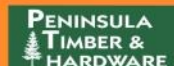
**Secondary: Years 7 - 9**

**Years 10 - 12**

**CLOSING DATE 8<sup>th</sup> Oct. 2024**

For entry details and T&Cs, please visit: [www.rosebudrsl.com.au/10319-2](http://www.rosebudrsl.com.au/10319-2)

Proudly  
sponsored by:





# Government school parent roundtable

You are invited to join one of two online roundtables

In partnership with Parents Victoria, the Department of Education is seeking your feedback on the next phase of education priorities.

This is an opportunity for you to share your ideas in achieving better learning and wellbeing outcomes for Victorian students.

## Date and time

Roundtable 1: Tuesday 24 September 2024, 11:00 – 12:00pm

or

Roundtable 2: Wednesday 25 September 2024, 7:30 – 8:30pm

## Details

Both roundtables will cover the same content. Places are limited; attendees will receive an invitation and link to participate.

## RSVP

5pm Friday 20 September using the link or QR code below.



RSVP: 5pm Friday 20 September 2024

<https://forms.office.com/r/456bDRTAd3>



Department of Education

Authorised and published by the Department of Education,  
200 Victoria Parade, Melbourne, September 2024



## Circle of Security® Parenting Program



All children want to feel loved and safe. The Circle Of Security® parenting program has been developed with decades of evidence on ways to strengthen secure parent-child relationships.

The program supports parents to provide children with the confidence and freedom to explore their world while feeling a sense of comfort and security. The program assists parents to see behaviour as communication rather than a problem. Experienced and trained Circle Of Security® Family Life practitioners will facilitate the group sessions.

The Circle Of Security® parenting program will help you:

- Support your child's self esteem
- Tune in to your child's world by reading important cues
- Understand your child's emotional needs
- Connect with your child and enjoy being in the moment
- Strengthen your bond and attachment with your child

**Where:** Online via Zoom

**When:** Wednesdays, 16th October - 27th November 2024

Attendance at all sessions is essential

**Time:** 10:30am to 12:30pm

**Cost:** FREE

**Suitable for:** Parents with children aged 0 - 5 years

**Eligibility:** Families residing within the Bayside Peninsula region

To register for the group, follow the link to fill in the referral form. Under "Get Support" select "Parents & Families" and then select "Parenting Programs: Circle of Security"



<https://www.familylife.com.au/parent/request-for-support-with-family-life/>



For further information please contact:

(03) 8599 5433 or [briefsupport@familylife.com.au](mailto:briefsupport@familylife.com.au) [www.familylife.com.au](http://www.familylife.com.au)



MAY 2024



## Baby Music Class



Family Life invites you and your children to come and share a creative musical experience in our new Baby Music Classes!

Music classes in infancy and early childhood have been shown to improve cognitive and social development, and support positive relationships between children and parents.

The Early Childhood Education Baby Music Class was created for all children aged 0 - 5 years and is a fun, relaxed class designed to celebrate making music with your kids.

At Baby Music Class you will have fun dancing and singing, learn to play percussion instruments, and support healthy development through musical play.

**Where:** The 'Sun Room', Family Life 197 Bluff Road, Sandringham

**When:** Tuesdays, 15th October - 17th December 2024

**Time:** 10:30am to 11:30am

**Cost:** FREE

**Suitable for:** Parents with children aged 0 - 5 years

**Eligibility:** Families residing within the Bayside Peninsula region

To register for the group, follow the link to fill in the referral form. Under "Get Support" select "Parents & Families" and then select "Playgroup: Baby Music Group"



<https://www.familylife.com.au/parent/parent-request-for-support-with-family-life/>



For further information please contact: (03) 8599 5433 or [briefsupport@familylife.com.au](mailto:briefsupport@familylife.com.au) [www.familylife.com.au](http://www.familylife.com.au)



MAY 2024



## Tuning in to Kids®



### Tuning in to Kids® is a parenting program that focuses on the emotional connection between parents/carers and their children, from preschoolers to teens.

The program has success in improving parenting, parent-child relationships, parental meta emotion, children's emotional competence and behaviour. Backed by evidence-based research, this 6-8 session parenting program focuses on developing key skills in recognising and responding to your children's emotions. This program is designed for parents of children aged 3 to 10 years old.

**Would you like to learn how to:**

- Be better at talking with your child?
- Be better at understanding your child?
- Help your child learn to manage their emotions?
- Help to prevent behaviour problems in your child?
- Teach your child to deal with conflict?

**Where:** Online via Zoom

**When:** Thursdays, 17th October - 5th December 2024

**Time:** 10.30 am - 12.30 pm

**Cost:** FREE

**Suitable for:** Parents with children aged 3 - 10 years

**Eligibility:** Families residing within the Bayside Peninsula region

To register for the group, follow the link to fill in the referral form. Under "Get Support" select "Parents & Families" and then select "Parenting Program: Tuning into Kids"  
<https://www.familylife.com.au/support/request-for-support-with-familylife/>



**For further information please contact:**

(03) 8599 5433 or [brieffsupport@familylife.com.au](mailto:brieffsupport@familylife.com.au) [www.familylife.com.au](http://www.familylife.com.au)



MAY 2024



## Parent-Child Mother Goose®



### Family Life invites you and your children to come along to the Parent-Child Mother Goose Program.

Parent-Child Mother Goose is an evidence-based program that strengthens attachment and interaction between parents and their young children 0 - 5 years, by introducing them to the pleasure and power of using rhymes, songs and oral stories together.

**Cuddle - Communicate - Connect**

- Enjoy learning rhymes, songs and oral stories together
- Strengthen your bond
- Improve your child's language, pre-literacy, and literacy skills
- Have some fun with your child

**Where:** Westall Community Hub, 35 Fairbank Rd, Clayton South VIC 3169

**When:** Thursdays, 17th October - 5th December 2024

**Time:** 10:00am to 11:00am

**Cost:** FREE

**Suitable for:** Parents with children aged 0 - 5 years

**Eligibility:** Families residing within the Bayside Peninsula region



SUPPORTED BY



Proudly supported by City of Kingston, Parent Child Mother Goose Australia

To register for the group, follow the link to fill in the referral form. Under "Get Support" select "Parents & Families" and then select "Playgroups: Parent Child Mother Goose"  
<https://www.familylife.com.au/support/request-for-support-with-familylife/>



**For further information please contact:**  
(03) 8599 5433 or [brieffsupport@familylife.com.au](mailto:brieffsupport@familylife.com.au) [www.familylife.com.au](http://www.familylife.com.au)



MAY 2024





## What About Me?

An activity based group for primary school aged children of separated parents



### Our Program

#### Aim

What About Me? has been developed to support primary school aged children who have experienced family separation and/or reside with only one of their parent's. The program aims to address the impact of separation and parental conflict and provides support to children in a safe environment.

#### This is achieved by

Psychoeducation delivered through art therapy, child-centred play therapy, and peer supported group therapy.

#### Facilitators

Group facilitators are specialised and experienced practitioners in the family and child welfare space. The group is child-focused and facilitators work within the best interests of the child and the child safe standards frameworks.

#### Session Topics

##### Unpacking Family

The aim of this session is to explore family dynamics and help children to better understand their family system.

##### It's Never the Child's Fault

This session aims to support children to understand parental separation.

##### Safe Relationships

This session aims to educate children and explore what is and isn't a safe and healthy relationship, helping children identify the trusted adults in their life.

##### Adult Worries

This session helps children to identify, unpack and explore which worries and responsibilities belong to adults.



## Tuning in to Teens®



## A free program for parents and carers of young people aged 10 to 18 years old.

#### Would you like to:

- Better understand your teen?
- Communicate effectively with your teen?
- Help your teen manage their emotions?
- Prevent behaviour challenges in your teen?
- Support your teen to manage conflict effectively?

Our six to eight week Tuning into Teens® program teaches parents how to help their teen develop emotional intelligence.

#### Teenagers with higher emotional intelligence:

- Have more stable and satisfying relationships
- Are better at managing peer pressure
- Are lower risk of mental health and substance concerns
- Have greater success making friends
- Are more able to manage conflict
- Have greater career success

**Where:** Online via Zoom

**When:** Wednesdays, 16th October - 4th December 2024

**Time:** 10:30am - 12:30pm

**Cost:** FREE

**Suitable for:** Parents with young people aged 10 -18 years

**Eligibility:** Families residing within the Bayside Peninsula region

To register for the group, follow the link to fill in the referral form. Under "Get Support" select "Parents & Families" and then select "Parenting Programs: Tuning into Teens"



<https://www.familylife.com.au/parents/parents-for-parents>  
with [familylife/](https://www.familylife.com.au)



**For further information please contact:**  
03 (03) 8599 5433 or [earlyhelp@familylife.com.au](mailto:earlyhelp@familylife.com.au) [www.familylife.com.au](http://www.familylife.com.au)

# Koorie Kids Day Out

FRIDAY 18TH OCTOBER

10:00M-2:00PM

Art Activity

Dance Workshop with  
Indigenous Outreach Project

Includes morning tea, lunch and cultural showbag



Welcome to Country by Bunurong Land Council

Open to all Aboriginal and Torres Strait Islander  
Primary School students across the Mornington Peninsula

To register please contact Ange  
[clwb@willumwarrain.org.au](mailto:clwb@willumwarrain.org.au)

0403 528 034

R.S.V.P Friday  
20th September

Transport Support Available



WILLUM WARRAIN  
Aboriginal Association Incorporated

