

## Diabetes Policy

Written by	School Nurse
Date approved by School Council	May 2024
Date of Review	May 2027

### Definition

Diabetes occurs when the pancreas is unable to make enough insulin. Insulin is a hormone that acts as a key to allow glucose from the food we eat pass from the blood stream into the cells to provide energy

### Rationale

As there are children in schools with diabetes, appropriate preparations and safeguards should ensure that students with diabetes are able to participate fully in the schools educational programs

### Aims

Mount Eliza North Primary School's Diabetes Policy aims to ensure students with diabetes are happy, safe and participating when at school.

### Implementation

The Mount Eliza North Primary School community will be aware of the school's position on the treatment of diabetes

- Educate canteen staff & ensure food handler has Food Handling qualifications
- Teachers organising activities or parties have a container of safe food for diabetic student
- Have a diabetic care plan for each student with diabetes
- Provide a safe environment
- Educate students on the importance of not sharing/swapping food with others
- Keep a record of students with diabetes
- Diabetic care plans to be kept with medication and store emergency food in sick-bay
- Medication to be clearly marked with student's name
- List kept of all students medication and food expiry dates
- Treat promptly to ensure well being
- Medication and food to go with student if on excursion or camp
- Keep a supply of jelly-beans in all yard duty bags

#### A. Primary Prevention:

- MENPS will employ a registered nurse Div. 2 or person with level 2 first aid qualifications
- Keep a clean well stocked sick-room, with spare medication and food
- Provide a safe area where child / adult can do their blood glucose levels
- Provide sharps container for used insulin needles

#### B. Intervention:

- Administer medication, call parent, note time medication administered
- Ambulance will be called if severe, abnormally high or low blood sugars have occurred and staff cannot contact parents or emergency person
- Monitor if medication is working, repeat if necessary

### Evaluation

This policy will be reviewed as part of the school's three year review cycle.